

CATALYST

January 2025



Principal's meeting: Share. Learn. Plan.



Forty-three principals and teachers from 40 K-West Ward schools gathered to share insights, learn new approaches, and plan for the future. Leaders from the nine schools that participated in this year's Design Thinking training shared their transformative experiences:

Participants also visited the new Abhyudaya Centre, where Sitaras spend their afternoons after school. Inspired by the success stories, more schools have expressed interest in signing up for the training next year. We look forward to extending this impactful initiative to benefit more students and educators in our community.

“Students who are generally quiet in class developed the confidence to speak in front of an audience.”

Haider Ali
Principal, Ismail Abdullah Qureshi Urdu School

“Students have become more aware of the problems and issues around them and now have a way to think about solutions.”

Mr. Chhedilal
Teacher, Ismail Abdullah Qureshi Urdu School

A heartfelt farewell to PGDM 2023-25 mentors



Our Sitaras bid an emotional farewell to their 'didis' and 'bhaiyas' from last year. They performed a heartfelt skit, 'Yaadein' (Memories), bringing to life the journey of an Abhyudaya mentor—from Hastantaran to home visits, campus experiences, diary writing, and finally handing over their Sitaras to the next mentor. The performance, filled with music, dance, and emotional, tearful moments, was a beautiful tribute to the bond between mentors and Sitaras.

We wish our didis and bhaiyas the very best as they embark on their professional journeys.

Celebrating Christmas cheer



To wrap up 2024, our Sitaras created their very own Christmas tree! Using campus umbrella stands as a base and decorating with newspapers, they worked together to craft a unique tree. With festive cheer, they celebrated by exchanging gifts from Abhyudaya, spreading joy and bringing in 2025 on a positive note.



Pratiksha Jadhav

Sales professional
Aditya Birla Capital

Chamakta Sitara

From shy to successful

“

Pratiksha lives by the song, *Hum honge kamiyaab, hum honge kamiyaab ek din...*” as her guiding light. She reflects, “Abhyudaya is not just an organisation or trust for me; it's the best part of my life because they made me who I am today.”

Pratiksha's journey with Abhyudaya began in 2010. A shy girl with low confidence, she is now a successful sales professional at Aditya Birla Capital.

Coming from a Marathi medium school, Pratiksha found it difficult to speak in English. She credits Abhyudaya's classes for her improved English. Alongside academics, she also learnt Kathak, drawing, singing, and crafts, shaping her into a well-rounded individual.

Her mother, a single parent, wanted to ensure Pratiksha received a good education. She remains grateful to Abhyudaya for selecting her daughter. Today, Pratiksha is married, her husband works as an IT manager, and she continues to support her mother.

Aligned with the UN SDG 4 (Quality Education) and SDG 17 (Partnership for the Goals), SPJIMR's Abhyudaya is a community-based organisation that provides mentoring and holistic after-school education to bright, underprivileged children (Sitaras = Stars), from low-income neighbourhoods in Mumbai's K-West ward so that they become independent and the schools and community around them improve.

To donate to Abhyudaya, write to abhyudaya@spjimr.org or visit our website www.spjimr.org

